

SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY

MONTH-LONG HAM ACTIVITIES/INITIATIVES FOR YOU!!



ENJOYING A MEAL AT PANERA?  
LOOK FOR THE COMMUNITY BREADBOX AT  
THE REGISTER & DONATE!  
  
PROCEEDS FEED OUR HUNGRY NEIGHBORS!  
\$1 = 10 MEALS

**HELP STOP HUNGER**

In Tampa Bay 1 out of 6 adults & 1 out of 4 children are food insecure.

Join our Meters for Meals Movement starting August 28<sup>th</sup>.

Together we can make a difference!

1

Like/Share/Retweet @FeedingTampaBay on social

Nothing runs on empty.

HUNGER ACTION MONTH | 2017

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**HAPPY LABOR DAY**

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**Hunger Heroes After Hours**

Volunteer with us!  
Join us for after hours sorting today!

4:00-6:00pm  
Feeding Tampa Bay warehouse

Sign up at [FeedingTampaBay.org](http://FeedingTampaBay.org)

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Like/Share/Retweet @FeedingTampaBay on social



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HUNGER ACTION MONTH | 2017

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**HUNGER ACTION DAY!**

TURN YOUR PROFILE PICTURE ORANGE IN SUPPORT OF HUNGER ACTION DAY

KEEP YOUR EYE ON FEEDING TAMPA BAY... SOMETHING IS HAPPENING!

9

Outnumber Hunger Row-a-Thon  
Orangetheory Fitness  
Downtown St. Pete Location  
**Support your Coach!**  
This Saturday, September 9th from 10am-2pm  
Vendors, music, community  
Orangetheory Fitness  
Downtown St. Petersburg  
Located on 1st Ave S  
(727) 513-5646

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Like/Share/Retweet @FeedingTampaBay on social



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**impACT EVENT**

Food, fun, fitness & family-friendly activities  
5:30 - 8:30pm

with our partners



23

Learn more & register now!  
[feedingtampabay.org/september-22-impact/](http://feedingtampabay.org/september-22-impact/)

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**HUNGER IS A  
24 7 365  
PROBLEM.**

Take a pledge to help us fight it all year round!

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Available at Chipotle at 2223 N Westshore Blvd Tampa, FL 33607 (all day)

12827 N Dale Mabry Hwy Tampa, FL 33618 (5 - 9pm)

Make sure to mention the Cause an Effect promo!

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Make dinner & a treat a selfless act.

Enjoy a meal at Chipotle & a treat from Yogurt Mountain and a portion of your purchase will fight hunger in our community!

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Available at Yogurt Mountain at N Dale Mabry Hwy Tampa, FL 33618 (all day)

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Like/Share/Retweet @FeedingTampaBay on social



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End the month of Hunger Awareness by completing a 5K!

7:30am-12:00pm

Find the event on our FB page

**BECAUSE NO ONE SHOULD GO HUNGRY**

For updates to the HAM Calendar or to learn more about hunger, visit [www.FeedingTampaBay.org](http://www.FeedingTampaBay.org)