

SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY

MONTH-LONG HAM ACTIVITIES/INITIATIVES FOR YOU!!



ENJOYING A MEAL AT PANERA?
LOOK FOR THE COMMUNITY BREADBOX AT
THE REGISTER & DONATE!

PROCEEDS FEED OUR HUNGRY NEIGHBORS!
\$1 = 10 MEALS

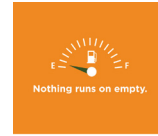
HELP STOP HUNGER

In Tampa Bay 1 out of 6 adults & 1 out of 4 children are food insecure.

Join our Meters for Meals Movement starting August 28th.

Together we can make a difference!

1
Like/Share/Retweet
@FeedingTampaBay
on social



HUNGER ACTION MONTH |

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HAPPY LABOR DAY

5

Hunger Heroes After Hours

Volunteer with us!
Join us for after hours sorting today!

4:00-6:00pm
Feeding Tampa Bay warehouse

Sign up at
FeedingTampaBay.org

6

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7



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HUNGER ACTION MONTH |

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15 RAYS VS RED SOX

Give back just by attending the game!
Every ticket sold will create 50 meals for our hungry neighbors

Go to FeedingTampaBay.org to purchase tickets \$25/each

9

Outnumber Hunger Row-a-Thon
Orangetheory Fitness
Downtown St. Pete Location
Support your Coach!
This Saturday, September 9th from 10am-2pm
Vendors, music, community
Orangetheory Fitness
Downtown St. Petersburg
Located on 1st Ave S (727) 513-5646

10

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14 HUNGER ACTION DAY!

TURN YOUR PROFILE PICTURE ORANGE IN SUPPORT OF HUNGER ACTION DAY

KEEP YOUR EYE ON FEEDING TAMPA BAY... SOMETHING IS HAPPENING!

22

impACT EVENT

Food, fun, fitness & family-friendly activities
5:30 - 8:30pm

with our partners



23

Learn more & register now!
feedingtampabay.org/september-22-impact/

17

HUNGER IS A 24 7 365 PROBLEM.

Take a pledge to help us fight it all year round!

18

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25

Available at Chipotle at 2223 N Westshore Blvd Tampa, FL 33607 (all day)

12827 N Dale Mabry Hwy Tampa, FL 33618 (5 - 9pm)

Make sure to mention the Cause an Effect promo!

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Make dinner & a treat a selfless act.

Enjoy a meal at Chipotle & a treat from Yogurt Mountain and a portion of your purchase will fight hunger in our community!

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Available at Yogurt Mountain at N Dale Mabry Hwy Tampa, FL 33618 (all day)

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30



End the month of Hunger Awareness by completing a 5K!

7:30am-12:00pm

Find the event on our FB page

BECAUSE NO ONE SHOULD GO HUNGRY

For updates to the HAM Calendar or to learn more about hunger, visit www.FeedingTampaBay.org