

Do I have to use by the printed date?

Terms like “sell by” and “use by” do not mean a certain food has gone bad. Most **unopened** foods are safe to eat after the printed date.

BREAKFAST FOODS

- Safe up to 1 year past date

CANNED FOODS

Canned Fruit, Vegetables & Beans

- Safe up to 2 years past date

PASTA & RICE

Packaged Pasta, Rice and Meals

- Safe up to 2 years past date

SNACKS

- Safe up to 2 months past date

CONDIMENTS

Cooking Oil, Sauces & Condiments

- Safe up to 6 months past date

BEVERAGES

- Safe up to 1 year past date

For more information on expiration dates, recalls, and overall food safety concerns, download the USDA Foodkeeper app or visit www.foodsafety.gov

FeedingTampaBay.org



@FeedingTampaBay



Find Food Assistance Now

Whether you need a hot meal today, groceries for your week, or more money in your month, help is here. We work to provide options for you today, tomorrow and for a lifetime.



Hot Meal for Today

If you are in need of an immediate meal assistance today, please visit one of our Trinity Cafes.

Trinity Cafe - Nebraska Ave.

2201 N. Nebraska Ave. Tampa, FL 33602

M - F: 11:30am-12:30pm,

Sat - Sun: 9am-10am

Trinity Cafe - Busch Blvd.

2202 E. Busch Blvd., Tampa, FL 33612

M - F: 11:30am-12:30pm,

Sat: 9am-10am



Groceries for Your Week

Get fresh, nutritious food from one of our mobile sites near you, or find a pantry or a meal site to visit throughout the week. Simply scan the QR code below to access our Find Food page, search by your zip code, and find food resources that are convenient for your location and schedule.



More Money In Your Month

FoodPlus programs like SNAP, Medicaid, and WIC provide financial assistance for households in need. We are here to help you see if you qualify for these programs, or to find other resources in your area.

SNAP (formerly food stamps)

1-866-762-2237

Women, Infants & Children (WIC)

813-307-8074



For details, scan the QR code with your mobile device, or visit feedingtampabay.org/findfood

FEEDING
Tampa Bay