

May Calendar

Neighbor Services at Causeway Center

Schedule your appointment here
feedingtampabay.org/gethelp



health + wellness

Nutrition & Cooking Demonstration

Food Labels & Ingredients Offered by Feeding Tampa Bay Nutrition Educators

MONDAYS 9:00AM - 10:00AM



Let's Talk Blood Pressure

Health Class | Discuss the basics of high blood pressure care. Offered by Empath Health.

WED 5/28 AT 2:00PM - 3:00PM



Hygiene Support

Empath Health - Outreach Team

Toiletries
Feminine Hygiene Products
Clothing

WED 5/14 AT 9:00AM - 2:00PM



Physical Health Checks

BayCare Faith Community Nurses

Blood Pressure	Advance Directives
Pre-Diabetes	Medical Referrals
Stroke Risk	Spiritual Assessment

MON 5/5 AT 10:00AM - 2:00PM

TUE 5/20 AT 3:00PM - 7:00PM



Physical Health Checks

BayCare Community Health Team

BM	Blood Pressure
Blood Sugar	Cholesterol Screening
A1C / Glucose	Medical Referrals

MON 5/12 AT 10:00AM - 2:00PM

THU 5/22 AT 3:00PM - 7:00PM



Health Insurance Navigation

BayCare Financial Navigators

County Health Plans	Medicare
Marketplace	KidCare
Medicaid	

WED 5/7 AT 9:00AM - 4:00PM



Behavioral Health Checks

Cove Behavioral Health

HIV Prevention	HIV Testing
HEP C Prevention	HEP C Testing
Health Education	Medical Referrals

THU 5/15 AT 3:00PM - 7:00PM

THU 5/29 AT 3:00PM - 7:00PM

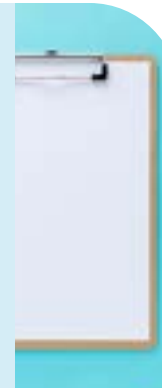


Behavioral Health Checks

Empath Health - EPIC Team

LGBTQA+ Services	HIV Testing
Health Education	HEP C Testing
Counseling	Medical Referrals

THU 5/22 AT 9:00AM - 4:00PM



Health Insurance Navigation

Family Healthcare Foundation

County Health Plans	Medicare
Marketplace	KidCare
Medicaid	

THURSDAYS 10:00AM - 2:00PM

Closed 5/8



individual support

Legal Services

Bay Area Legal Services

Veterans Advocacy | General Law
Senior Advocacy | Family Law
Disaster Recovery

MON, WED

10:00AM - 1:00PM



Human Trafficking

Selah Freedom

Safe House Connections
Survivor Resources

TUE 5/13 AT 9:00AM - 4:00PM

*Unable to come in person? Call their
helpline 1888837-3363*



Crisis Services

The Crisis Center of Tampa Bay

Mental Health & Recovery
Safety Planning
Care Coordination

Closed 5/6, 5/7

TUE, WED

9:00AM - 4:00PM



Hispanic Support Services

Multicultural Alliance for Hispanic Development

Immigration Guidance | SSI/SSDI
New Arrival Support | Tax Services
Notary Services | Birth Certificate
Health Insurance | Job Search
Resource Connections | Resume Writing

WEDNESDAYS 9:00AM - 2:00PM



groceries + meals

the bistro

Hot Meals

Sandwiches, Salads, and
Flatbreads

MON, WED

11:00AM - 2:00PM



the market

Groceries

Available once a month per
household. Schedule a visit at
feedingtampabay.org/market

*Appointments open online 2 weeks
in advance beginning at 10Qpm*

TUE, WED, THU

1:00PM - 7:00PM



by
appointment
only

s'well shopping hours

Groceries

Available once a month per
household.

**Program Enrollment Required*

MONDAYS 10:00AM - 2:00PM



by
appointment
only

Children's Clothing

Clothes for Kids

Order a wardrobe for school-aged
children for customized packing
and delivery to the Causeway
Center.

MON - THURS

9:00AM - 4:00 PM



financial support

SNAP Assistance

Feeding Tampa Bay Navigators

Apply for funds to purchase groceries at
most major retailers

THURSDAYS 9:00AM - 2:00PM



Housing Assistance

Metropolitan Ministries

Meet with Met Mn to
determine eligibility and
apply for assistance

Rent
Mortgage
Utilities

MON, WED

9:00AM - 2:00PM



Utility Assistance

TECO

Meet with a TECO provider about your
payments and connect to assistance

Closed 5/5

MONDAYS 9:00AM - 2:00PM



Financial Literacy Class

Grow Financial

Covering foundational budgeting and
financial concepts

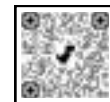
TUE 5/6 2:00PM - 3:00PM

TUE 5/13 2:00PM - 3:00PM



Schedule your appointment here

feedingtampabay.org/gethelp



May Calendar

Neighbor Services at Causeway Center

special registration events

Head & Neck Cancer Screening

Tampa General Hospital

Meet with a medical provider to complete a free cancer screening

SAT 5/10 9:00AM - 4:00PM

Register Here!

www.tgh.org/CHWEvents

*by
appointment
only*



AngioScreen

Tampa General Hospital

Meet with a medical provider to complete a free screening for heart disease & stroke risk

THU 5/15 8:00AM - 5:00PM

Register Here!

www.tgh.org/CHWEvents

*by
appointment
only*



Senior Computer Literacy

Ivy Enrichment Foundation

Computer workshops for Seniors 65+, **Enroll in three or more classes to receive a gift**

TUESDAYS 5:30PM - 7:00PM

Register Here!

<https://forms.gle/YWuVdeVkjRkzoQx7>

*by
appointment
only*



Unsure where to start?
Let our team connect you to services.

The Neighborhood

Hours of Operation

Monday	9am - 4pm
Tuesday	9am - 4pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	Closed
Saturday	Closed
Sunday	Closed

Center Closures

Monday May 26, 2025 - Memorial Day



Questions? Call: 813-254-1190

