

# July Calendar

## Neighbor Services at Causeway Center

Schedule your appointment here  
[feedingtampabay.org/gethelp](https://feedingtampabay.org/gethelp)



### health + wellness

#### Let's Talk About Cancer Health Class | Empath Health

Discuss the basics of cancer. What are the common types and their signs? Learn how to catch early and protect yourself!

WED 7/23 AT 2:00PM - 3:00PM



#### Hygiene Support Empath Health - Outreach Team

- Toiletries
- Feminine Hygiene Products
- Clothing

WED 7/2 AT 9:00AM - 2:00PM



#### Health Insurance Navigation

##### Family Healthcare Foundation

- County Health Plans
- Marketplace
- Medicaid
- Medicare
- KidCare

THURSDAYS 10:00AM - 2:00PM



#### Physical Health Checks BayCare Faith Community Nurses

- Blood Pressure
- Pre-Diabetes
- Stroke Risk
- Advance Directives
- Medical Referrals
- Spiritual Assessment

MON 7/7 AT 10:00AM - 2:00PM

TUES 7/15 AT 3:00PM - 7:00PM

MON 7/21 AT 10:00AM - 2:00PM

MON 7/28 AT 10:00AM - 2:00PM



#### Physical Health Checks BayCare Community Health Team

- BMI
- Blood Sugar
- A1C / Glucose
- Blood Pressure
- Cholesterol Screening
- Medical Referrals

MON 7/14 AT 10:00AM - 2:00PM

THU 7/17 AT 3:00PM - 7:00PM



#### Health Insurance Navigation

##### BayCare Financial Navigators

- County Health Plans
- Marketplace
- Medicaid
- Medicare
- KidCare

WED 7/2 AT 9:00AM - 12:00PM



#### Behavioral Health Checks Cove Behavioral Health

- HIV Prevention
- HEP C Prevention
- Health Education
- HIV Testing
- HEP C Testing
- Medical Referrals

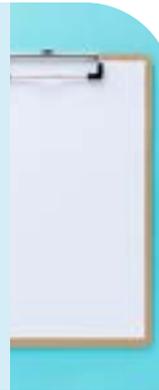
THU 7/10 AT 3:00PM - 7:00PM



#### Behavioral Health Checks Empath Health - EPIC Team

- LGBTQA+ Services
- Health Education
- Counseling
- HIV Testing
- HEP C Testing
- Medical Referrals

TUE 7/17 AT 9:00AM - 4:00PM



SUMMER

## individual support

### Legal Services

#### Bay Area Legal Services

Veterans Advocacy | General Law  
Senior Advocacy | Family Law  
Disaster Recovery

Closed 7/9

MON, WED

10:00AM - 1:00PM



### Anti-Human Trafficking

#### Selah Freedom

Safe House Connections  
Survivor Resources

TUE 7/15 AT 9:00AM - 4:00PM

Unable to join? Call [1-888-837-3363](tel:1-888-837-3363)



### Crisis Services

#### The Crisis Center of Tampa Bay

Mental Health Resource Navigation  
Safety Planning  
Resource and Referral Support  
Recovery Tools and Guidance

Closed 7/9

TUE, WED

9:00AM - 4:00PM



### Hispanic Support Services

#### Multicultural Alliance for Hispanic Development

Immigration Guidance | SSI/SSDI  
New Arrival Support | Tax Services  
Notary Services | Birth Certificate  
Health Insurance | Job Search  
Resource Connections | Resume Writing

Closed 7/9

WEDNESDAYS 9:00AM - 3:00PM



## groceries + meals

### the bistro

#### Hot Meals

Sandwiches, Salads, and Flatbreads

MON, WED

11:00AM - 2:00PM



### the market

#### Groceries

Available once a month per household. Schedule a visit at [feedingtampabay.org/market](http://feedingtampabay.org/market)

Appointments open online 2 weeks in advance beginning at 1:00pm.

TUE, WED, THU

1:00PM - 7:00PM



by appointment only

### s'well shopping hours

#### Groceries

Available once a month per household.

\*Program Enrollment Required

MONDAYS 10:00AM - 2:00PM



by appointment only

### Children's Clothing

#### Clothes for Kids

Order a wardrobe for school-aged children for customized packing and delivery to the Causeway Center.

MON - THURS

9:00AM - 4:00 PM



## financial support

### SNAP Assistance

#### Feeding Tampa Bay Navigators

Apply for funds to purchase groceries at most major retailers

TUES, THU 9:00AM - 2:00PM



### Housing Assistance

#### Metropolitan Ministries

Meet with Met Min to determine eligibility and apply for assistance

Rent  
Mortgage  
Utilities

MON, WED

9:00AM - 4:00PM

by appointment only



### Utility Assistance

#### TECO

Meet with a TECO provider about your payments and connect to assistance

MONDAYS 9:30AM - 2:00PM



### Financial Literacy Class

#### Grow Financial

ReGrow Program Enrollment Required

TUE 7/22 2:00PM - 3:00PM



Schedule your appointment here

[feedingtampabay.org/gethelp](http://feedingtampabay.org/gethelp)



# July Calendar | Neighbor Services at Causeway Center

## special events

### Heat and Hydration

#### BayCare

Learn how to stay safe, cool, and properly hydrated during heat and activity. Essential tips for peak performance in hot conditions!



**BOOK NOW!**



**SAT 7/24 1:00PM-2:00PM**

Register On FTB Website!

### Adult and Child CPR

#### BayCare

Gain the skills to save a life! This hands-on class teaches essential CPR techniques for both adults and children, so you're prepared to act in any emergency.



**BOOK NOW!**



**THURS 7/30 10:00PM - 11:00PM**

Register On FTB Website!

### Quit Tobacco

#### Florida Area Health Education Centers

Join our 4-week Quit Smoking Support Group! Meet once a week to learn about the benefits of quitting, create your personal quit plan, and prevent relapse.



**BOOK NOW!**



813-929-1000

**TUESDAYS 2:00PM - 3:00PM**

<https://www.tffact.com/c/zdrx6>

### AngioScreen

#### Tampa General Hospital

Meet with a medical provider to complete a free screening for heart disease & stroke risk  
*\*grocery bags provided*



**BOOK NOW!**



**THURS 7/17 8:00PM - 5:00PM**

Register Here  
[www.tgh.org/CHWEVENTS](http://www.tgh.org/CHWEVENTS)

### Back to School Event

#### FTB + BayCare + More Partners

Super start your school year with a family fun community resource fair and services.

**Check Event Flyer for more details!**



**THU 7/31 1:00PM - 6:00PM**

### ESOL Classes

#### Light House Ministries

Class teaching skills to improve: reading, writing, and speaking in English



**BOOK NOW!**



**THU 11:00AM - 1:00PM**

Register On FTB Website!

### The Neighborhood Hours of Operation

Monday	9am - 4pm
Tuesday	9am - 4pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	Closed
Saturday	Closed
Sunday	Closed

**CLOSED**

**Friday July 4<sup>th</sup>** for Independence Day

**Wednesday, July 9<sup>th</sup>** for Staff Event



Questions? Call: 813-254-1190

