



December Calendar

Neighbor Services at Causeway Center

Schedule your appointment here

feedingtampabay.org/gethelp



health + wellness

Health Insurance Navigation Family Healthcare Foundation

County Health Plans	Medicare
Marketplace	KidCare
Medicaid	

THURSDAYS 10:00AM - 2:00PM

WED 12/10 AT 9:00AM - 4:00PM



Physical Health Checks BayCare Faith Community Nurses

Blood Pressure	Advance Directives
Pre-Diabetes	Medical Referrals
Stroke Risk	Spiritual Assessment

MON 12/01 AT 10:00AM - 2:00PM

THUR 12/11 AT 3:00PM - 7:00PM

TUE 12/16 AT 3:00PM - 7:00PM

MON 12/22 AT 10:00AM - 2:00PM

MON 12/29 AT 10:00AM - 2:00PM



Hygiene Support

Empath Health - Outreach Team

Toiletries
Feminine Hygiene Products
Clothing

TUES 12/16 AT 9:00AM - 3:00PM



Physical Health Checks

BayCare Community Health Team

BMI	Blood Pressure
Blood Sugar	Cholesterol Screening
A1C / Glucose	Medical Referrals

THURS 12/18 AT 9:00AM - 3:00PM



Flu Vaccination

BayCare Community Health Team

Come get your annual flu vaccination!

MON 12/15 AT 10:00 AM - 2:00 PM

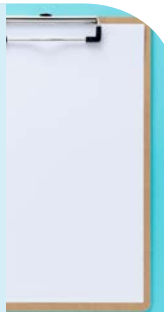


Preventative Health Checks

Empath Health - EPIC Team

HIV Testing	Health Education
HEP C Testing	Counseling
Medical Referrals	

TUE 12/9 AT 3:00PM - 7:00PM



World Aids Day

Empath Health - EPIC Team

Commit to knowledge and action:
access vital STD Testing and essential
Health Education Resources.

MON 12/1 AT 12:00 PM - 4:00 PM



individual support

Anti-Human Trafficking

Selah Freedom

Safe House Connections and
Survivor Resources

TUE 12/09 AT 9:00AM - 4:00PM

Unable to come in person?

Call their helpline [1-888-837-3363](tel:1-888-837-3363)



Senior Support Seniors in Service

Volunteer Opportunity
Companionship
Health Buddies

MONDAYS

9:00AM - 4:00PM



Legal Services

Bay Area Legal Services

Veterans Advocacy	General Law
Senior Advocacy	Family Law
Disaster Recovery	

MON, WED

10:00AM - 1:00PM



Intimate Partner Violence

The Spring of Tampa Bay

Domestic Violence Support	Injunction Help
Risk Assessment	Education
Safety Planning	Referrals

Unable to come in? Call 813-247-7233

MON - THU

9:00AM - 4:00PM





December Calendar

Neighbor Services at Causeway Center

kids + families

Baby Items

Feeding Tampa Bay Navigators

Once-monthly pickup of diapers. Additional baby items available, pending supply.

MON, 9:00AM - 4:00 PM

TUE - THU, 9:00AM - 6:00 PM



Children's Clothing

Clothes for Kids

Order a wardrobe for school-aged children for customized packing and delivery to the Causeway Center.

MON, 9:00AM - 4:00 PM

TUE - THU, 9:00AM - 6:00 PM



Hispanic Support Services

Multicultural Alliance for Hispanic Development

Immigration Guidance	SSI/SSDI
New Arrival Support	Tax Services
Notary Services	Birth Certificate
Health Insurance	Job Search
Resource Connections	Resume Writing

WEDNESDAYS 9:00AM - 3:00PM



groceries + meals

the bistro

Hot Meals

Sandwiches, Salads, and Flatbreads

MON, WED

11:00AM - 2:00PM



the market

Groceries

Available once a month per household. Schedule a visit at feedingtampabay.org/market

Appointments open online 2 weeks in advance beginning at 1:00pm.

TUESDAY

4:00PM - 7:00PM

WED, THU

1:00PM - 7:00PM

by
appointment
only



s'well shopping hours

Groceries

Available once a month per household.

**Program Enrollment Required*

MONDAYS 10:00AM - 2:00PM

TUESDAYS 1:00PM - 4:00 PM

by
appointment
only



financial support

SNAP Assistance

Feeding Tampa Bay Navigators

Apply for funds to purchase groceries at most major retailers

TUES, THU 9:00AM - 2:00PM



Housing Assistance

Metropolitan Ministries

Meet with Met Min to determine eligibility and apply for assistance

Rent
Mortgage
Utilities

by
appointment
only

MONDAY

9:00AM - 4:00PM

WEDNESDAY

9:00AM - 5:00PM



Utility Assistance

TECO

Meet with a TECO provider about your payments and connect to assistance

MONDAYS 10:00AM - 2:00PM



We're here to help. Our team can help you find the resources you need. Walk in and speak with a Navigator today!

we can help!

classes + special events

Angioscreen

Tampa General Hospital

Meet with a medical provider to complete a free screening for heart disease & stroke disease

THU 12/11 AT 8:00AM - 5:00PM



Register Now



English Language Classes

Light House Ministries

Class teaching skills to improve reading, writing, and speaking in English

Call Cheryl at 863-687-4076
Ext. 271 or visit lighthousemin.org

THU 11:00AM - 1:00PM

Call to Register



Flu Vaccination

BayCare Community Health Team

Come get your annual flu vaccination!

MON 12/15 AT 10:00 AM - 2:00 PM



Register Now



World Aids Day

Empath Health - EPIC Team

Commit to knowledge and action: access vital STD Testing and essential Health Education Resources.

MON 12/1 AT 12:00 PM - 4:00 PM



Health Insurance Open Enrollment!

November 1, 2025 - January 15, 2026

Food and health go hand-in-hand. Call our partner Florida Blue at 1-866-986-2583 to get educated on your choices, or book an in-person appointment with one of our onsite partners.



Feeding Tampa Bay's Causeway Center

3624 Causeway Blvd. Tampa, FL 33619

feedingtampabay.org/gethelp

Hours of Operation at the Neighborhood

Monday	9am - 4pm
Tuesday	9am - 6pm
Wednesday	9am - 6pm
Thursday	9am - 6pm
Friday	Closed
Sat-Sun	Closed

CLOSED

Neighborhood Closures

Wed, 12/17 at 12:00 PM

Wed, 12/24 - Thurs 12/25